



## **Local Neurosurgeon Says Holidays Are Busy Season**

### **Detroit-based Dr. Jay Jagannathan Offers Elective Surgery Advice to Consumers**

TROY, Mich. (Dec. 12, 2017) – Dr. Jay Jagannathan, a local neurosurgeon with clinics across northern Michigan, has some news that may not come as much of a surprise. December is definitely the busy season for elective surgeries.

"The scheduling of elective surgeries can vary, but in this past month, we've seen our volume double in size," said Dr. Jagannathan, owner of the Troy-based Jagannathan Neurosurgery clinic. "In a normal month, we get about 20-30 scheduled procedures; however, we topped 50 in the last four-week period."

Dr. Jagannathan noted that there are several reasons for the annual holiday spike in numbers. The first consideration is usually related to the required recovery time. Many patients need a week or more of down time following a minimally-invasive procedure.

Another popular reason is that in December, many patients with health care coverage have met their annual deductible and decide to get an elective surgery out of the way. "Because managed care insurance premiums and copays are often high, it makes sense for patients to try and minimize their out-of-pocket expenses," stated Dr. Jagannathan.

Dr. Jagannathan has some advice for patients considering elective surgeries:

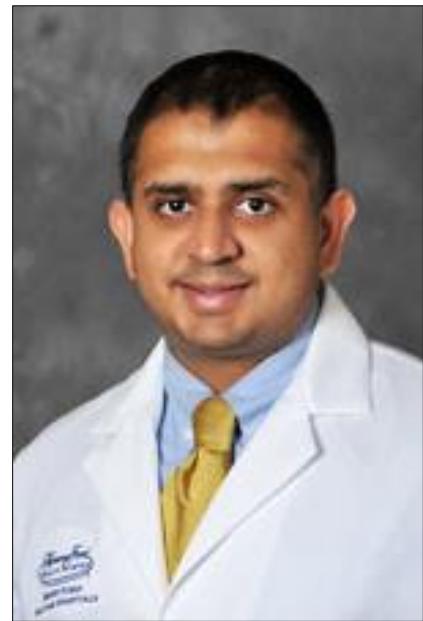
- Each year, check with your health care plan provider on your annual deductible amount
- If you are considering an elective surgical procedure, understand what your out-of-pocket costs will be before scheduling
- If covered by a health plan, understand your in-market and out-of-market differences when selecting a doctor
- If employed, be sure you have the available time off to recover properly
- Always seek a board-certified medical professional to perform your procedure

For more information on Jagannathan Neurosurgery, please visit <http://mi-neurosurgery.com>.

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#### **About Jagannathan Neurosurgery**

Jagannathan Neurosurgery is comprised of four clinical locations (Troy, Garden City, West Branch and Sault Ste. Marie) serving southeast, central and northern Michigan. Jay Jagannathan, M.D. FAANS, and his associate physicians and nurse practitioners utilize four different hospital-based procedure locations, of which include Garden City Hospital, Michigan Surgical Hospital, West Branch Regional Medical Center and



Helen Joy Newberry Hospital. Dr. Jagannathan is a Board certified neurosurgeon specializing in cranial and spinal surgery with a key focus on utilizing the latest minimally invasive techniques.

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